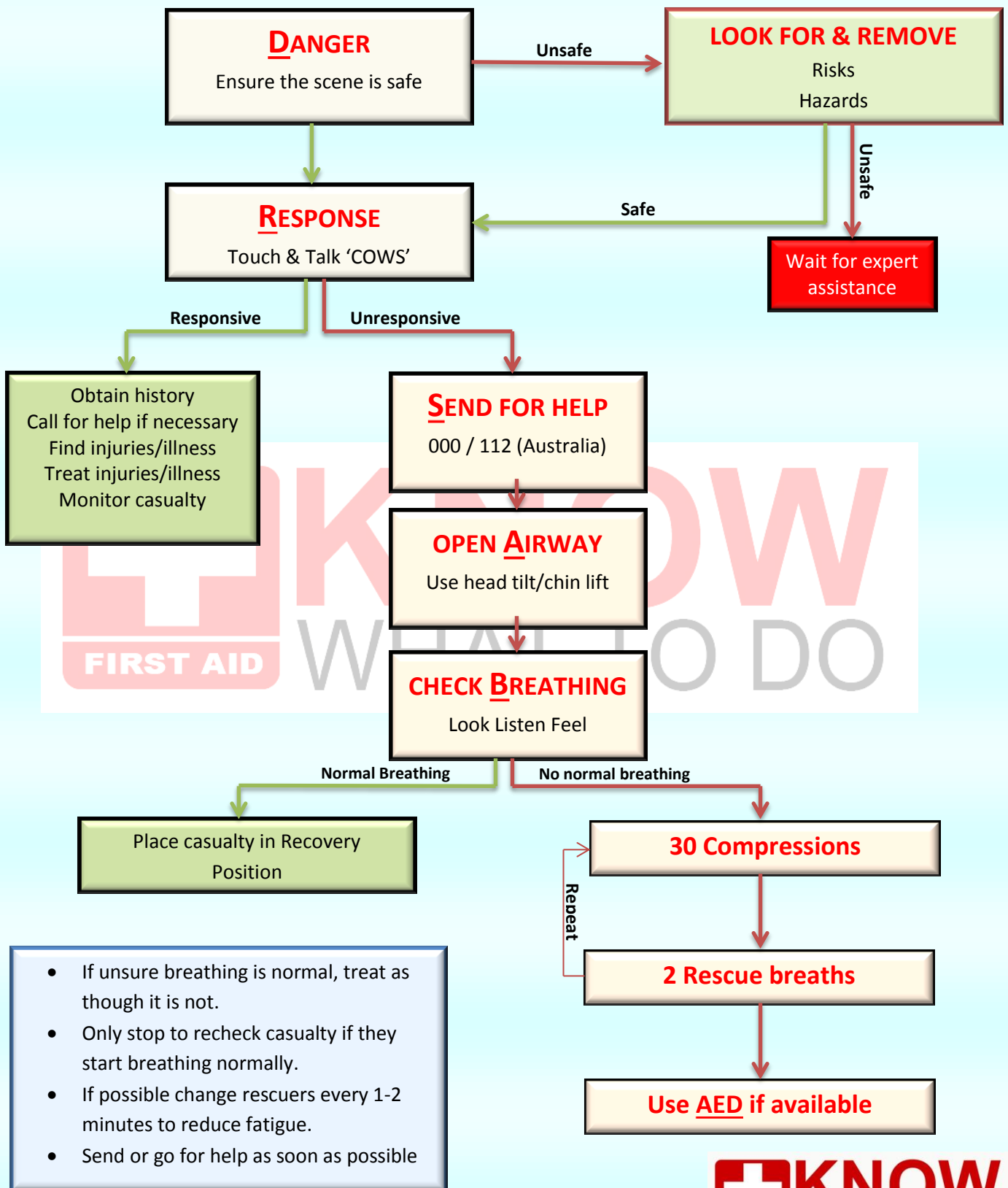


Basic Life Support - The Urban Setting



- If unsure breathing is normal, treat as though it is not.
- Only stop to recheck casualty if they start breathing normally.
- If possible change rescuers every 1-2 minutes to reduce fatigue.
- Send or go for help as soon as possible